



HIO – Certification of Academic Training Regulatory Time Limits

Exchange Visitors that have previously received Academic Training (AT) authorization must confirm the **total number of days** of Academic Training previously issued. You can find your prior Academic Training details in Section 5 of your Form DS-2019.

You can calculate the total number of previously authorized Academic Training days using the [Days Between Two Dates tool](#). Enter the start and end dates for each prior Academic Training period to determine the **total days** previously granted. Please note that the **end date must be included** in the calculation.

Date (mm/dd/yyyy): _____

Exchange Visitor Name: _____

SEVIS ID: _____

Degree Level: _____

Prior Academic Training Periods

Please list each period of previously authorized Academic Training (start and end dates) and the total days for each period. Please use mm/dd/yyyy format for your start and end date(s) below.

#	Training Organization	Start Date	End Date	Total # of Days
1				
2				
3				
4				
5				

Total:

Additional AT Periods (if any):

Exchange Visitor Certification

I certify that the above information reflects all prior periods of Academic Training authorized to me.

Name: _____

Signature: _____

Date: _____



HARVARD
International Office

Alternate Responsible Officer (ARO) Certification

I have reviewed the Exchange Visitor's prior Academic Training records and verified the accuracy of the information provided above. The total period of previously authorized Academic Training complies with applicable regulatory limits.

ARO Name: _____

Signature: _____

Date: _____