



H-1B Cap-Gap I-20 Request Form

F-1 students with pending or approved H-1B petitions are permitted to extend their F-1 OPT/STEM OPT status from the end of their OPT or STEM OPT period through April 1 of the following year or until their H-1B petition is adjudicated, whichever is earlier. This period of time, known as the Cap-Gap period, only applies to those with H-1B petitions filed by a cap-subject employer, and as a "Change of Status" within the U.S. This regulation enables those on OPT to continue their employment and/or remain in the US until their approved H-1B start date (October 1st or later). For details about eligibility, please visit: [F-1 OPT Cap Gap](#)

If your H-1B is currently pending, please have your HR Representative or Company Attorney complete Part B of this form and upload an I-797 Receipt Notice to the HIO's [Transitioning to H-1B Status form](#).

PART A: To be completed by F 1 OPT/STEM OPT Student

Family/last name:

Given/first name:

Date of Birth (mm/dd/yyyy):

OPT/ STEM OPT start date (mm/dd/yyyy):

OPT/ STEM OPT end date (mm/dd/yyyy):

PART B: To be completed by HR Representative or Company Attorney

I certify that this student's H-1B petition was filed as a ***change of status*** request (not consular processing). I have provided the student with a copy of their I-797 Receipt Notice.

Employer or legal representative's name:

Employer or Legal Representative's Signature:

Date (mm/dd/yyyy):